



## **Champs Packet**

### **Goal of Champs Program**

**The goal of the Champs Program is to train the kids to be the best they can be. We focus on getting the kids to a high level. Our goal is not to go win every competition that we go to but to get the kids tumbling, jumping, and stunting to a high level. Last year we had the highest level Mini and Youth kids in the state, from beginner kids to the best all in one year. This is what our program is about. Your kids will be encouraged to progress to a high level, not stay the same level year after year. We also compete kids in the age appropriate teams. The only team we let young kids on(compete up) is Champs for Christ. (You must have a full to be on this team)<><**

**Competitions will be one day competitions all in this state or surrounding states for level 3 and down. The only kids that will travel to major competitions will be levels 4 and 5.**

**All Fees including tuition, apparel, choreography, music, competition, etc for the 2011-2012 season are due to Tumble Cheer USA on the scheduled dates and must be paid through automatic Recurring Payment System. All fees will be scheduled to your account as soon as an athlete is placed on a team. The only other option is to pay the lump sum for the season in full by the date of the first scheduled payment on each side of the chart. There are no exceptions.**

**Parents will set up a Booster Club to provide for fundraising for individuals to offset the cost of All Star Competition fees. The Booster Club will have fundraisers on a continual basis through the early part of the season- please utilize them. All correspondences to the booster club treasurer must be made through a written request. You may receive a statement of your booster club account at any time through written request.**

**Parent's Initials \_\_\_\_\_ Cheerleader's Initials \_\_\_\_\_, Date \_\_\_\_/\_\_\_\_/\_\_\_\_**



If you have a financial problem of any kind, please speak with Doug. Your coach will not be able to provide you the answers you need. The Champs Program will do it's best to work with your situation, but do not let it get out of control. Outstanding balances could result in your child losing their spot on their squad. Remember, if you feel that you may encounter any financial concern at any time, please make use of the fundraising during the early season.

All fees, cost, payments, deposits, physical items, including uniform, warm-up, shoes, make-up, etc.) unclaimed goods, etc. are forfeited by anyone quitting or who is asked to leave the program. There will be NO refunds or items issued (competition fees, clothing cost, gym fees, clothing, shoes, etc.) to anyone who quits or is asked to leave the program. Anyone who leaves or is dismissed is responsible for all debts and legal fees surrounding such events.

Champs All Star Expenses			Champs Competition Fees	
May 1	Monthly Tuition	130.00		
	Registration	40.00		
May 15	Uniform	195.00		
June 1	Monthly Tuition	130.00		
	Practice Clothes	95.00		
	Choreography camp	200.00		
June 15	Custom Warm up	135.00		
July 1	Monthly Tuition	130.00		
	Bloomers	20.00		
August 1	Monthly Tuition	130.00		
	Bag	50.00		
September 1			Level 4 and down	360.00
	Monthly Tuition	130.00	Level 5	480.00

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<b>October 1</b>	
<b>Monthly Tuition</b>	<b>130.00</b>
<b>November 1</b>	
<b>Monthly Tuition</b>	<b>130.00</b>
<b>December 1</b>	
<b>Monthly Tuition</b>	<b>130.00</b>
<b>January 1</b>	
<b>Monthly Tuition</b>	<b>130.00</b>
<b>February 1</b>	
<b>Monthly Tuition</b>	<b>130.00</b>
<b>March 1</b>	
<b>Monthly Tuition</b>	<b>130.00</b>
<b>April 1</b>	
<b>Monthly Tuition</b>	<b>130.00</b>

**Important Dates**

**June 27-July 2 Choreography Camp JR. Ages 12-14 Mon-Fri 8am-3pm**

**July 5-9 Choreography Camp Mini Ages 5-8 Mon-Fri 8am-3pm**

**July 11-15 Choreography Camp Senior C4C Mon-Fri 8am-3pm**

**July 18-22 Choreography Camp Youth Ages 9-11 Mon-Fri 8am-3pm**

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## Tentative Competition Dates

We will start with the Fair competition in October and will plan 1 competition a month until March.

October- Fair Deep South Competition in Jackson

November

December Victory -Baton Rouge

January Victory - Jackson

February

March

April Panama Level 5 Only

## Gym Dress Code

- No Sports bras only. Sports bras should always be worn under t-shirts or tank tops.
- Athletes must wear the correct Champs Practice uniform to each and every practice. No Exceptions! Athletes failing to adhere to our policy will be conditioned and repeat offenders will have their account charged for the full amount of replacement practice clothes. This is mandatory.
- All cell phones and pagers must be turned off and left outside of the practice area.
- No Jewelry! Wearing these items could result in serious injury to your child or to another child.

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- Fingernails must be kept short. No fake fingernails. You will be asked to remove your nail tips if we see them at practice or at a competition. These can cause serious injury and scarring.

### Competition Dress Code

- All cheerleaders must obey the following dress code
- You may wear: uniform top and Champs warm-up pants, bloomers under pants.
- You may wear your Champs All Star jacket at any time.
- You must wear the correct socks and shoes at all times. You may not wear sandals, slip-on shoes or flip-flops.
- Under no circumstances are you to wear any jewelry at any time during a competition. This could result in your team being disqualified.
- All hair and make-up must be complete upon entering event. No rollers or inappropriate attire.
- If you are not competing or have been dismissed from your team obligations at a competition, you may wear your warm-up pants, jacket, Champs t-shirt, and tennis shoes. You are still representing the Champs All Star Program, and must present yourself in such a way.

Good sportsmanship, Polite manners and a kind disposition are mandatory at all competitions. This program prides itself on setting a high standard of behavior; Please help us set the highest standards for behavior at all competitions.

### Tardiness and Absences/Attendance

- Please remember that being on an All Star squad requires a time commitment on your part and that there are other team members counting on your attendance.
- Arrive early enough to practice to be 100% prepared to go on the floor at your scheduled time.
- Tardiness is defined by 5 minutes late to practice or leaving a practice early.
- Excessive tardiness and absences will result in dismissal from the team.
- Tardiness and absences from a competition will result in dismissal from the team.
- Please plan vacations or other activities during scheduled gym breaks.
- In this packet, there is a "Absence Request Form" Please fill it out as soon as you know your schedule and turn it in to the gym offices. Please understand that just filling out the form

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does not mean that the absence will be considered excused. Each absence request will be reviewed and marked excused or unexcused and kept on file.

### **Injuries**

- Parents need to note that cheerleading is a highly competitive sport that does involve risk. Stunting, tumbling, and jumping could lead to injuries. These include but are not limited to: bruises pulled and strained muscles, torn or strained ligaments, broken bones, dislocations, paralysis or even death. We take every precaution to prevent these injuries from happening. Unfortunately, we can not prevent them all. In the event your child is injured we will take every necessary step to ensure your child's well being.
- If your child is injured they will need to be at practice. They will need to learn their part in the routine to be ready to compete after they are well.

### **Conditioning**

- All Star cheerleading is a very strenuous sport. Therefore, all of the athletes in our program are expected to be in the top physical shape. This includes flexibility, strength and endurance. If a team member is lacking in an area they could be asked to take a conditioning or stretching class. You May be required to take an extra tumbling class or a jumps and motions class. These extra classes will be billed to your Champs account.
- All team members are expected to take care of their bodies. This means no drugs, no alcohol and no tobacco. If anyone is caught drinking, smoking or using drugs or if there is an eating disorder they will be expected to take the necessary steps to quit. We will, of course, help in any way we can. If you continue to make unhealthy choices you will be dismissed from the squad.

### **General information**

- If you ever have a problem with anything, please do not hesitate to contact the gym.
- No Gossip about any other team(All Star or School). No Gossip about other team members. This means no discussions regarding any child, team, coach, parent in the parent lounge or at competitions.
- No profanity or abusive language by parents, siblings, or cheerleaders.
- All squad and routine decisions are left to the discretion of the coaches. Do not ever question any of these decisions. The well being of your child and their team is always top priority to us.
- Do not communicate to your children during class.

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- Every year each team will go through losses and additions to their roster. The dismissal or addition of anyone is the coach's discretion.
- Practices may be changed and or added throughout the season at any time.
- Anyone threatening to quit or pull his/her child from a team will be dismissed from the program immediately.
- It is the parent's responsibility to know what is going on with your squad at all times. Check website and emails regularly and make sure that you are receiving all messages.
- Practices and competitions are not to be used as punishment for your child's actions outside the gym. You not only punish your child, but every other child on the team.
- We will do our best to work with your extra curricular activity at school. However, if your extra curricular coach refuses to work with our mandatory practices or competitions, you will have to choose which activity you will continue.
- All cheerleaders will use the same accommodations as the rest of the teams during out of town competitions.
- Each cheerleader must have a chaperone at every competition. It is not the coaches responsibility to be your child's chaperone.
- Each team will be assigned other teams to watch at competitions, and are encouraged to stay all day. At the least, you are required to watch your assigned teams.
- Parents, relatives, friends and cheerleaders are not allowed to speak with competition officials for any reason.
- The All Star Director (Doug) may change, add or subtract any rule at any time.

## Parents and Relatives

- Only cheerleaders and coaches allowed in the practice area. Siblings and parents are never to enter the practice area of the gym.
- No one is allowed to yell on to the floor or to speak to any team member or coach while practice is in session. This is extremely distracting to all involved.
- Please, do not gossip about other children on your team or other teams.
- Please, do not gossip about coaches or gym employees.
- The coaches reserve the right to close practice at any time.

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- If you have any questions that need immediate attention, please go directly to Doug. Do not go to the coaches or other Parents.
- Please do not approach the coaches at any time during, before or in between practices. Do not try and catch them between classes, this is disruptive and takes away time from the kids, Please let them coach.

### Gym Policies

- All students/participants must have a registration form on file before participation in any activity.
- All Tuition and annual registration payments are NON-REFUNDABLE.
- All payments to the gym are made on the automatic payment system. Unless you pay for the full year.
- There are no parents or siblings on the floor ever.
- No food or drink in the gym area.
- Placement of individuals on teams and team structure may be changed at any time at the discretion of the Champs Staff.
- Any team leaving an All Star Team in Mid Season is entitled to no refund and no unclaimed items of any kind. It is the discretion of the Champs staff whether members will be allowed to tryout for teams in subsequent season.

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## FAQ

**Q: How much does it cost?**

- **A: All Star tuition is \$130.00 each month. Competition fees range from \$40 to 151.00 depending on the competition. All cost are detailed on cost sheet.**

**Q: How do we get our uniform?**

- **A: we will have a uniform and practice clothes fitting (date TBA), this is a mandatory date. Uniforms will arrive before our first competition.**

**Q: When can my child “move up” to another squad?**

- **A: Your child can “move up” to another squad when they reach the appropriate age. They may “move over” to another squad when the coach feels it would be better for the athlete and program of they were on a different team. We will be competing teams at all levels. All Champs teams are designed to be the most competitive they can be in their division. Winning a National Title is an incredible experience no matter the age group or division.**

**Q: How do you select teams?**

- **A: We select teams to be the most competitive in each particular division. There are 1000's of factors that go into the formula for selecting teams. We ask that everyone trust us (the professionals) and know that we will always do what is best for the individual and program.**

**Q: Can my daughter fly?**

- **A: If the coach feels that your daughter should be a flyer, she will be.**

**We are looking forward to an outstanding season. Please help us by following the guidelines set forth in this packet. It is much easier for the coaches and cheerleaders to do their job when they do not have to worry about outside issues. When you have read and understand everything in this packet, please initial and date each page. Fill out all the forms in this packet. Sign and date the “checklist” page and turn in to office. No incomplete packets will be accepted.**

Parent's Initials \_\_\_\_\_ Cheerleader's Initials \_\_\_\_\_, Date \_\_\_\_/\_\_\_\_/\_\_\_\_



**Absence Request Form**

Date to be absent: \_\_\_\_\_

Reason to be absent: \_\_\_\_\_

\_\_\_\_\_

I \_\_\_\_\_ am requesting to be absent from practice on the date above. I know that missing practice places complications and difficulties on the whole team. I also understand that an unexcused absence or continual excused absences can result in being placed in an alternate position or removal from the squad. Please understand that just filling this form out does not excuse an absence. The gym will notify you as to whether a particular consequence of you missing is required.

Cheerleader Signature \_\_\_\_\_ Date \_\_\_\_\_

Parents Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's Initials \_\_\_\_\_ Cheerleader's Initials \_\_\_\_\_, Date \_\_\_\_/\_\_\_\_/\_\_\_\_